



**Tau Maria Franciscan Formation Meditations**  
**The Tree of Life - Jesus, Consecrated Bread**  
**By St. Bonaventure**

**M Meditation – St. Francis and the Eucharist**

16. Among all the memorable events of Christ's life, the most worthy of remembrance is that last banquet, the most sacred supper. Here not only the paschal lamb was presented to be eaten by also the immaculate Lamb, *who takes away the sins of the world* (John 1:29). Under the appearance of bread *having all delight and the pleasantness of every taste* (Wis. 16:20), he was given as food. In this banquet the marvelous sweetness of Christ's goodness shone forth when he dined at the same table and on the same plates with those poor disciples and the traitor Judas. The marvelous example of his humility shone forth when, girt with a towel, the King of Glory diligently washed the feet of the fisherman and even his betrayer.

The marvelous richness of his generosity was manifest when he gave to those first priests, and as a consequence to the whole Church and the world, his most sacred body and his true blood as food and drink so that what was soon to be a sacrifice pleasing to God and the priceless price of our redemption would be our viaticum and sustenance.

Finally the marvelous outpouring of his love shone forth when, *loving his own to the end* (John 13:1), he strengthened them in goodness with a gentle exhortation, especially forewarning Peter to be firm in faith and offering John his breast as a pleasant and sacred place to rest.

O how marvelous are all these things,  
How full of sweetness,  
But only for that soul  
Who, having been called to so distinguished a banquet,  
Runs  
With all the ardor of his spirit  
So that he may cry out  
With the Prophet:  
*As the stag longs for the springs of water*  
*So my soul longs for you*  
*O God!*



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**Quotes**

**By St. Francis of Assisi**

**M**

**Meditation – St. Francis and the Eucharist**

*"Everyday, Jesus humbles Himself just as He did when He came from His heavenly throne into the Virgin's womb; everyday He comes to us and lets us see Him in abjection, when He descends from the bosom of the Father into the hands of the priest at the altar."*

*"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation"*

*"...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood."*

*"Thus it is the spirit of the Lord, which dwells in those who believe in Him, that truly receives the most Holy Body and Blood of our Lord. All the rest, who have nothing of that spirit and presume to receive Him, eat and drink judgment to themselves (1 Cor. 11,29)*

*So, you children of men, how long is your sense going to stay dull? (Ps 4,3) Why do you not see in the truth and believe in the Son of God? (Jn. 9, 35) See, day after day He humbles Himself, as when He came down from His royal throne. (Wis. 18, 15) into the Virgin's womb. Day by day He comes to us personally in this lowly form. Daily He comes down from the bosom of His Father on the altar into the hands of the priest."*